

A Practical Guide to *Shabbos* – Class #8

Cooking – Review

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מסכתות קטנות מסכת שמחות דרבי חייה פרק ב הלכה ג

הכל בוכין בשעת מיתתו, בין צדיקים ובין רשעים, למה, שסוף העין לבכות ולהוריד דמעות, הרשע בוכה שלא עשה תשובה, והצדיק בוכה שלא עשה הטוב בכפליים ממה שעשה. יפה שעה אחת בתשובה ומעשים טובים בעולם הזה מכל חיי העולם הבא, יפה שעה אחת של קורת רוח בעולם הבא מכל חיי העולם הזה. **העולם הזה דומה לערב שבת, והעולם הבא דומה לשבת, אם אדם מתקין לו מערב שבת, יש לו מה יאכל בשבת, ואם לאו אין לו מה יאכל בשבת.** דבר אחר, העולם הזה דומה ליבשה, והעולם הבא דומה לים, אם אדם מתקין לו ביבשה, יש לו מה יאכל בים, ואם לאו אין לו מה יאכל בים. דבר אחר, העולם הזה דומה ליישוב, והעולם הבא דומה למדבר, אם אדם מתקין לו ביישוב, יש לו מה לאכול במדבר, ואם לאו אין לו מה לאכול במדבר. דבר אחר, העולם הזה דומה לקיץ, והעולם הבא דומה לחורף, אם אדם מתקין לו בקיץ, יש לו מה לאכול בחורף, ואם לאו אין לו מה לאכול בחורף, שנאמר אוגר בקיץ בן משכיל נרדם בקציר בן מביש. דבר אחר, העולם הזה דומה לחורף, והעולם הבא לקיץ, אם אדם חורש וזורע בחורף, יש לו מה לקצור בקיץ, ואם אין אדם חורש וזורע בחורף, אין לו מה לקצור בקיץ, שנאמר מחורף עצל לא יחרוש, לפיכך ושאל בקציר ואין

Everyone cries when they die, whether righteous or wicked. Why? In the end every eye tears. The wicked cry because they haven't done *teshuva*; the righteous because they haven't half as much good as they could have.

One hour of *teshuva* and good deeds in this world is more precious than all of the Next World; one hour of pleasure in the Next World is more enjoyable than all the pleasures of this world.

This world is like *Erev Shabbat*, and the Next World is like *Shabbat*. One who prepares prior to *Shabbat* has what to eat on *Shabbat*; one who doesn't prepare has nothing to eat on *Shabbat*.

Another metaphor: this world is like land and the Next World is like the sea. One who prepares on dry land has what to eat at sea; one who does not prepare has nothing to eat at sea.

Another metaphor: this world is like civilization and the Next World is like a barren desert. One who prepares in civilization has what to eat in the desert; one who doesn't prepare has nothing to eat in the desert.

Another metaphor: this world is like the summer and the Next World is like the winter. One who prepares food in summer has what to eat in the winter; one who doesn't prepare has nothing to eat in the winter -- as it is written, "One who stores in the summer is wise; one who sleeps in the summer a fool."

Another metaphor: this world is like winter and the Next World is like summer. One who plows and sows in the winter has what to harvest in the summer; one who doesn't plow and sow has nothing to harvest -- as it is written, "One who is lazy in winter will not plow, thus he will seek in the harvest and find nothing."

Term	Definition and Example	What does it cook? How much does it cook?
<i>Kli Rishon</i> on the flame		
<i>Kli Rishon</i> off the flame		
<i>Irui Kli Rishon</i>		
<i>Kli Sheini</i>		
<i>Irui Kli Sheini</i>		
<i>Kli Shlishi</i>		

- You place food inside your warm oven on Friday before *Shabbos*. How do you serve this food for dinner?
- You have a *cholent* cooking in a crock pot and your kids want some for dinner on Friday night. You want to serve the *cholent* hot for *Shabbos* lunch. You know that you cannot mix and serve the *cholent* while it is still in the crock pot -- that would be stirring food in a *kli rishon* which is the equivalent of cooking. How do you go about removing the crock pot insert and serving the *cholent* such that you can return the insert and keep the *cholent* hot for lunch? (Hint: this is called *chazara* ("returning"), and there are five conditions that must be met to do it.)
 - 1.
 - 2.
 - 3.
 - 4.
 - 5.
- You serve chicken soup on Friday night, and after serving it you realize that you meant to keep it warm for *Shabbos* lunch. Because the table had no space, you've been holding it in your hands while your spouse serves it. Can you put it back on the *Shabbos plata*? Why or why not?

- You would like to serve hot turkey with gravy for *Shabbos* lunch. How do you do it?
- How do you serve instant coffee with milk and sugar on *Shabbos*?
- How do you serve hot tea with honey on *Shabbos*?
- In the US, there are three kinds of oatmeal. Each has different issues and different status for use on *Shabbos*. Fill in the below:

	Weekday Preparation	Issues	<i>Shabbos</i> Preparation
5-Minute Oats	Cook on stovetop for 5 minutes		
1-Minute / Quick Oats	Add boiling water; let stand 1 minute		
Instant Oats	Add hot water; stir		

- How do you warm a baby's bottle of milk on *Shabbos*?
- You have *kugel* in the fridge and would like to serve it warm at lunch. How do you do it?
- Can you put *challah* in your hot soup? "Soup nuts"? Cooked noodles?